

38. Schwimmzonen- und Mastersmeeting

MSECM Austria

11:23 Uhr

Wettkampf 4 - 1500m Freistil männlich 2004 und älter

Allgemeine Klasse

3. Polak, Peter	1960 AUT Wiener Sport-Club	21:25,75	+04:57.85	314
-----------------	----------------------------	----------	-----------	-----

50m: 00:36,32, 100m: 01:16,75 (00:40,43), 150m: 01:58,85 (00:42,10), 200m: 02:40,92 (00:42,07)
 250m: 03:23,68 (00:42,76), 300m: 04:06,33 (00:42,65), 350m: 04:49,51 (00:43,18), 400m: 05:32,37 (00:42,86)
 450m: 06:16,03 (00:43,66), 500m: 06:59,01 (00:42,98), 550m: 07:41,85 (00:42,84), 600m: 08:24,79 (00:42,94)
 650m: 09:08,23 (00:43,44), 700m: 09:50,86 (00:42,63), 750m: 10:34,08 (00:43,22), 800m: 11:17,05 (00:42,97)
 850m: 12:00,56 (00:43,51), 900m: 12:43,78 (00:43,22), 950m: 13:27,32 (00:43,54), 1000m: 14:10,34 (00:43,02)
 1050m: 14:54,32 (00:43,98), 1100m: 15:37,65 (00:43,33), 1150m: 16:21,45 (00:43,80), 1200m: 17:05,20 (00:43,75)
 1250m: 17:49,13 (00:43,93), 1300m: 18:32,84 (00:43,71), 1350m: 19:16,91 (00:44,07), 1400m: 20:00,26 (00:43,35)
 1450m: 20:44,33 (00:44,07), 1500m: 21:25,75 (00:41,42)

--- 2. Abschnitt ---

Wettkampf 16 - 100m Rücken männlich Masters

Altersklasse 55

1. Polak, Peter	1960 AUT Wiener Sport-Club	01:34,20		167
-----------------	----------------------------	----------	--	-----

50m: 00:45,93, 100m: 01:34,20 (00:48,27)

Wettkampf 22 - 100m Brust männlich Masters

Altersklasse 55

1. Polak, Peter	1960 AUT Wiener Sport-Club	01:35,84		228
-----------------	----------------------------	----------	--	-----

50m: 00:44,35, 100m: 01:35,84 (00:51,49)